

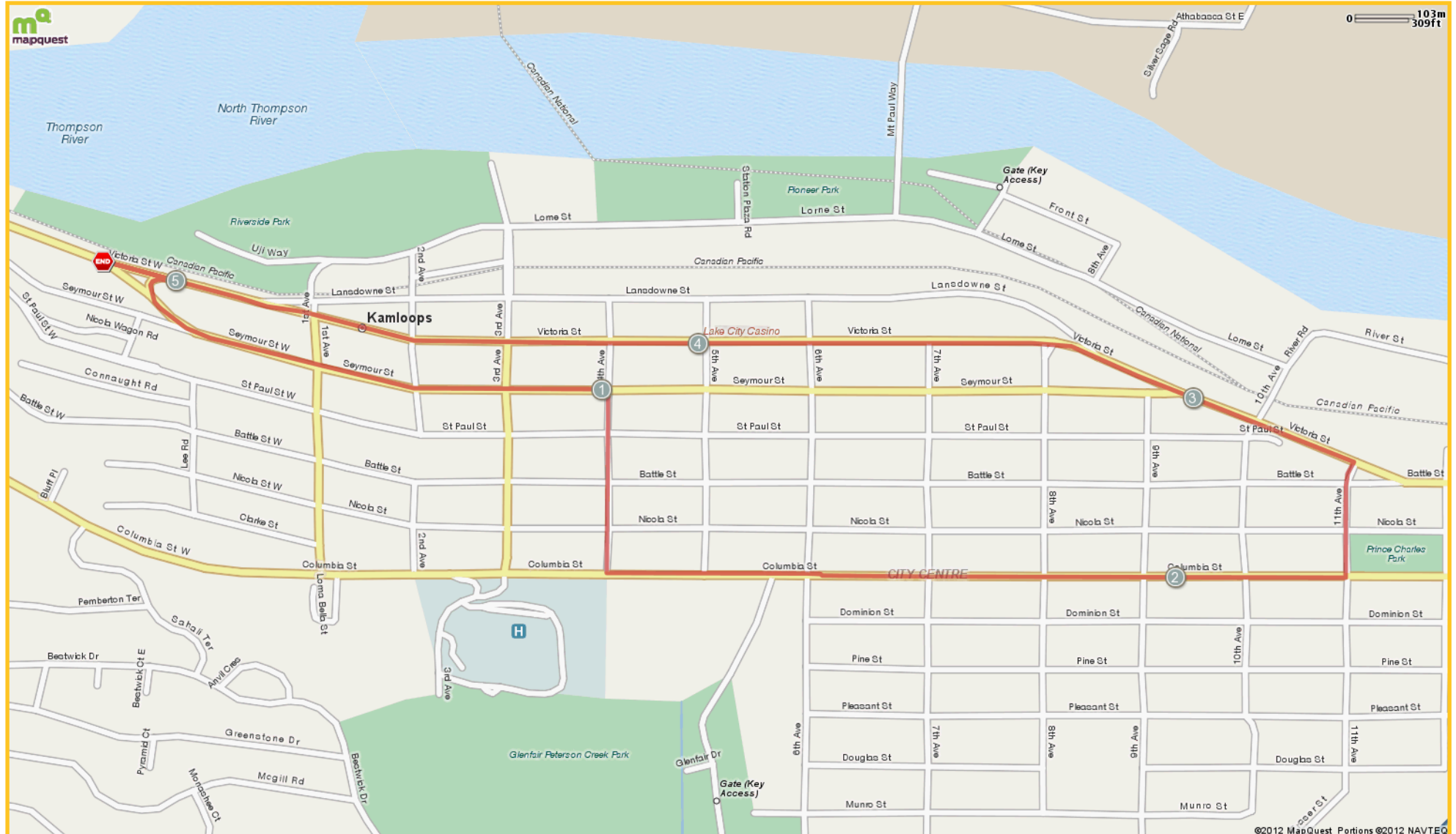


Coldest Night 2012 - Kamloops 5/10 km WALK

Starts in Kamloops, Canada

5.15 kilometers






Elevation **382m** Max **348m** Min **+32m** Ascent **-37m** Descent **< 3 %** Max Climb










Coldest Night 2012 - Kamloops 5/10 km WALK

Starts in Kamloops, Canada

Notes		
AT	FOR	NOTES
START	 0.13 km.	Head east on Victoria St W
0.13 km.	 0.08 km.	Sharp right toward Seymour St
0.21 km.	 0.01 km.	Continue straight onto Seymour St
0.23 km.	 0.81 km.	Head southeast on Seymour St toward 1 Ave
1.03 km.	 0.39 km.	Head south on 4 Ave toward St Paul St

Notes		
AT	FOR	NOTES
1.43 km.	 1.26 km.	Head east on Columbia St toward 5 Ave
2.69 km.	 0.25 km.	Head north on 11 Ave toward Nicola St
2.94 km.	 1.98 km.	Head northwest on Victoria St toward 10 Ave
4.92 km.	 0.12 km.	Continue onto Lansdowne St

Notes		
AT	FOR	NOTES
5.03 km.		Continue onto Victoria St W